

March 30 Homework

Pollyanna and the Ponzi Predicament

What are the peak experiences in your life? When did you feel in total alignment with your values?

What are the boundaries that you would not cross? Have you ever been tempted?

What are the compromises you never thought you would make? What did they get you, what did they cost you?

If you've ever gotten a bum rap on something, what was said? Was there any element of truth in it? Why might someone say that?

When have you ever felt ashamed or disappointed in yourself?

The answers to these questions will help you gain clarity on your own values.

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